

Workshop on Team Building Activities

(Team players are the leaders of tomorrow)

CONTENTS

- 'TEAM WORK' works
- Importance of UNDERSTANDING
- Goals & objectives
- Cooperation and Conflict
- Cooperation and conflicts
- Development Opportunities
- Levels of support & Trust
- Importance of YOU attitude



- Development of Organizational Awareness
- Relationship Building
- Developing an effective TEAM
- Defining ROLES & RESPONSIBILITIES
- Team Building Exercises & Games
- Team communication
- Creativity, problem- solving & decision making
- Design a working environment that motivates

"The Workshop is of one day. There will be 4 sessions of 100 minutes each."

METHODOLOGY :

- Motivational Training (no lectures or monologue)
- Role plays and exercises.
- Sharing live examples. (Experiential Learning)
- Inviting participants on stage to share their experiences.
- Games related to the topic to make learning easy and fun.
- Power point slides and video clips.
- Question-Answers at the end of every session.
- Relevant one-liners to make the room lively.
- Home Assignments.
- **On demand, Yoga and pranayama can be incorporated for better concentration**

BEFORE WORKSHOP :

- Participants can send their problems and questions, if any, two days in advance at info@anuragaggarwal.com

AFTER WORKSHOP :

- Participants can take Mr. Aggarwal's personal email & mob. no. and can get their problem solved.

AAIPS
ANURAG AGGARWAL INSTITUTE OF PUBLIC SPEAKING

Anurag Aggarwal Institute of Public Speaking

9-F, Kamla Nagar, Delhi-110007

Tel. : 011-47053705 (4 lines)

Mob. : 9971597002-005

Fax : 011-47053705

e-mail : info@anuragaggarwal.com

: anurag_aaips@yahoo.com

For details visit our website :
www.anuragaggarwal.com

FIRST YOU MAKE AN ATTITUDE THEN ATTITUDE MAKES YOU