

# Workshop on Interpersonal Skills

*(If you are intelligent, don't assume the other is a fool)*



- Five ways to improve your interpersonal skills
- Responsibilities
- Assertive approach
- 'TEAM WORK' works
- How to face criticism
- How to get things done without arousing resentment
- 5 ways to change your team mates
- A sure way of making enemies.....
- What everybody wants.....
- 3 formulas that will work wonders for you
- How to get cooperation from others
- How to make people feel glad to do what you want

## CONTENTS

- Golden rules to plan schedules
- Discussions over arguments never
- How to criticize and not be hated for it
- How to convince people to your point of view
- 7 ways to make people like you, love you, adore you
- How to make faults seem easy to correct
- Tact of handling people

*"The Workshop is of one day.*

*There will be 4 sessions of*

*100 minutes each."*

## METHODOLOGY :

- Motivational Training (no lectures or monologue)
- Role plays and exercises.
- Sharing live examples. (Experiential Learning)
- Inviting participants on stage to share their experiences.
- Games related to the topic to make learning easy and fun.
- Power point slides and video clips.
- Question-Answers at the end of every session.
- Relevant one-liners to make the room lively.
- Home Assignments.
- **On demand, Yoga and pranayama can be incorporated for better concentration**

## BEFORE WORKSHOP :

- Participants can send their problems and questions, if any, two days in advance at [info@anuragaggarwal.com](mailto:info@anuragaggarwal.com)

## AFTER WORKSHOP :

- Participants can take Mr. Aggarwal's personal email & mob. no. and can get their problem solved.

For details visit our website :  
[www.anuragaggarwal.com](http://www.anuragaggarwal.com)

**AAIPS**  
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**FIRST YOU MAKE AN ATTITUDE THEN ATTITUDE MAKES YOU**