

# Memory Building Programme

## Team work WORKS

### DESCRIPTION:-

In today's competitive corporate world, where everything is dominated by a cut throat competition, every person wants his ward to excel in every task he undertakes. In such difficult times, the basic hindrance that the child faces at his tender age is that of memorizing power and detainment of things over a certain span a time. This programme basically caters to this specific need of the children of the employees of the corporate world.

The basic purpose of this programme is to enhance the students' memory and increase their efficiency. It helps them to get better marks in their schools and institutions so as to bring joy in their lives



### **Designed for:**

Employees, HR Consultants, Dealers, Marketing team, all levels of management and their families.

### **Duration:**

2 days workshop (6 and a half hours each day excluding breaks)

### **Contents:**

- ◆ How to remember people and their names.
- ◆ How to improve memory
- ◆ Word power (how to mug a whole dictionary)
- ◆ How to remember 2000yrs calendar and dates in history and text books.

### **Methodology :**

- \* Motivational Training (no lectures or monologue)
- \* Role plays and exercises.
- \* Sharing live examples. (Experiential Learning)
- \* Inviting participants on stage to share their experiences.
- \* Games related to the topic to make learning easy and fun.
- \* Power point slides and video clips.
- \* Question-Answers at the end of every session.

### **Before Workshop**

- \* Participants can send their problems and questions,
- \* if any, two days in advance at [info@anuragaggarwal.com](mailto:info@anuragaggarwal.com)

## After Workshop:

- \* Participants can take Mr. Aggarwal's personal email & mob. no. and can get their problem solved.
- \* How to develop confidence
- \* How to start a talk
- \* How to close a talk
- \* How to make the middle body of the talk
- \* How to talk in terms of your listener's interests
- \* Making the talk to convince
- \* How to speak with contagious enthusiasm
- \* How to make impromptu talks
- \* How to organize longer talks
- \* Voice modulation
- \* How to introduce speakers
- \* How to improve your diction
- \* Platform presence and personality
- \* Body language
- \* Group discussions

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